Health Data  
This data is from a study assessing Health status of a group (n=106) of students enrolled in an exercise   
science course. Students participated in one of two treatments: Running and Sitting. Pulse was taken   
before the activity period and then again after the activity period.   
The data contains many variables for health assessment. All are all well described in variable view.   
Using this data set, write a scenario that incorporates the data source and study. Next, create one or   
more research questions that can be written from the scenario and the data set. Select the appropriate   
variables needed to answer these question.  
Before moving forward with this project, check all variables and data in the data set for correct coding,   
set up and completeness. If any changes or adjustments are made, you must report these in the project   
write-up.